

## Hemorrhoids - Can Diarrhea Cause Hemorrhoids?

**C**an Diarrhea cause Hemorrhoids? I know that it seems impossible. Since we all know that Hemorrhoids are caused by constipation, we try to soften our stool. However, there is a connection between Hemorrhoids and Diarrhea that you need to know.

- Water stool that happens more than 3 times a day is called Diarrhea.
- This can normally last for a few days.
- In the event that this condition lasts long, it may seriously hurt the body.

### When You Have Long-Term (More Than 3 Weeks) Diarrhea, It can Also Lead to Hemorrhoids

This is because you have an excessive amount of straining during bowel movement. For the patients of long-lasting diarrhea, they could experience hemorrhoids symptoms such as bleeding, itching and burning up as well.



Hemorrhoids Hemorrhoids Diarrhea Bowel

- Hemorrhoids and Diarrhea are quite similar because the patients are likely to get out untreated.
- They won't visit the doctors when the situation is under control.
- If you're facing with either Hemorrhoids or Diarrhea, you should meet the doctor right away.
- He or she will help you to relieve from pain and investigate if you're suffering from dehydration.

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*Find The Best Natural Way To Treat External Hemorrhoid At Home Hemorrhoids, characterized by swollen veins in the anal region can be well cured by proper care and treatment. This is a common health problem found among people above 45 years. Symptoms shown as a result of hemorrhoids vary from one person to...*

### What Should I Eat? Hemorrhoids and Diarrhea are Different

As a result, you have to select the diet for each symptom. If you're fighting with Hemorrhoids, you should take foods that can soften your stool such as fruits and vegetables. These foods can cure constipation very effectively. With Diarrhea, you have to take another action. Foods that can soften your stool should be avoided. Crackers, bananas and foods that can harden the stool are highly recommended.

- As I already mentioned above, Diarrhea could be one trigger with regard to Hemorrhoids problem.
- Therefore, you should always pay close attention to the foods you've.
- You can also visit a doctor.
- He or she will be able to advise you the food that can improve your health.

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