

Non- Surgical treatment for Piles

Are you experiencing serious itching in your arschfick region or even blots of blood in your feces? Are you experiencing frequent constipation or irregular as well as arduous [bowel](#) sessions?

- These tend to be signs that you may be having [hemorrhoids](#) or [piles](#).
- This is not something to be ignored as they may worsen and exacerbate to bigger complications.

You Believe that You are Having this Condition

It would be best to visit your trusted doctor so that he can give you proper [piles treatment](#) depending on the severity of the [hemorrhoids](#) you are having.



There are a lot of different methods of Piles treatments and this article will make you understand how these solutions work.

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Ointments and Other Topical Applications

For minor to moderate hemorrhoid cases, doctors usually recommend ointments or products. These special topical medications are designed to reduce the swelling of the hemorrhoids and induce relaxation if the tissues and veins. With these outcomes in play, the veins won't accumulate excess blood and the tissues will no longer enlarge. This piles therapy operates wonders but is only a short term solution.



Piles Piles Treatment Hemorrhoids Reduce Swelling Hemorrhoids Bowel Hemorrhoid

Suppositories

This approach includes the use of suppositories which are administered through the rectum. The purpose of this is in order to lubricate the walls of the rectum avoiding any friction that is often the main factors that worsen piles. Aside from this, suppositories allow the hemorrhoids to have moisture which will eventually lead to the total comforting and therapeutic of the affected area.

Pills and Oral Medication

The third piles treatment is oral medications. These meds are usually for the regulation of blood pressure in your circulatory system. These are very effective means of minimizing the piles but they also come with a toll as they may have side-effects. This is why it is not a good idea to self-medicate. Check out your doctor for the most suitable and accurate piles treatment.

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