

## Some alternative methods for curing hemorrhoids

**S**ome people are of the view that if **hemorrhoids** become chronic, then it becomes very difficult to cure the **hemorrhoids**. However, it is a wrong notion. At every stage, hemorrhoids can be treated. Many people get relief from the actual hemorrhoids by following the home remedies. However, if you are not able to get relief from the home remedies, then you can undertake non-surgical treatments. These remedies are generally known as the fixative procedures.

### The First and the Second Stage, These Techniques are Very Useful and Effective

While in the third and the fourth stage, then the symptoms of hemorrhoids become very serious and the surgery is recommended to relieve the hemorrhoids. However, if you do not go for surgical procedure, then you can adopt the fixative procedures and they are alternative for surgery. Some of the fixative procedures are given below:

- Recently, a device called Zeroid has been introduced into the market for an alternative treatment of hemorrhoids.
- Cryotherapy is used as a home treatment process.
- This device is a plastic cylinder 6 cm long and also 15 mm in diameter.
- The device has a carbamide peroxide gel that could end up being frozen in the refrigerator or even the freezer.

When the device is introduced into the rectum, the temperature of the rectal canal lowers when these devices taws the rectal canal. 5 to 10 minutes are taken to thaw in the rear end canal. The device is recommended to insert into the rectum twice daily and it takes practically three weeks for the full treatment.

- This process provides relief the patient from the signs and symptoms and provides comfort and ease to the patient.
- After getting treatment, the bleeding episodes stop.

Rubber band ligation, a rubber band is tied to the bottom of the hemorrhoid unit, as a result, the blood is not supplied to the hemorrhoid unit, also it dies and falls of just about inside a week.

### So, These are the Alternative Methods of Surgery for the Treatment of the Hemorrhoids

Thomas has been writing Health, Well being and Fitness articles for many years. His website Healthy Way of life has kinds of health related articles advocate people to have a healthy lifestyle. Check out Some alternative methods for curing hemorrhoids.



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