

Surgical Procedure for Hemorrhoids

The choice for a surgical procedure **hemorrhoids** can depend on several factors. **Internal hemorrhoids** are treated differently from external ones.

Surgical Treatment of Internal Hemorrhoids.

These procedures are done to hemorrhoids in stages 1 and 2. The methods are performed in the healthcare provider's office.

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The procedures can be as follows:

Rubber Band Ligation

This is a simple and effective method for curing hemorrhoids. The blood supply to the hemorrhoid is cut off by placing a small rubber band at the base of the hemorrhoid unit. Eventually, the actual hemorrhoid dries up and drops away. Ligation is carried out in a doctor's office as well as requires no special pre-medication. This is a good outpatient procedure for second-stage internal hemorrhoids.

Sclerotherapy - this kind of is a method of injecting a solidifying agent into the stems of the internal hemorrhoids, going to interrupt blood circulation. The hemorrhoid then shrivels up and also disappears.

- Infrared coagulation - This method is used to treat small hemorrhoids.
- The hemorrhoid is treated with infrared light in order to be cut over blood circulation and dry up in the aftermath.

Stapled Hemorrhoidectomy

The procedure removes a ring of tissue from the anal canal. The cutting of the tissue cuts the hemorrhoids off the circulation and as a result they shrink. Then, the muscle ring is secured with staples which contain the tissue in place.

- Hemorrhoidectomy - this really is a surgery for removing large and very **painful internal hemorrhoids**.
- It is the last resort in treating internal hemorrhoids.
- **External hemorrhoids** are usually removed with surgery.
- It can be applied to second-stage hemorrhoids which usually have failed ligation treatment.
- Laser coagulation is used to stop the circulation in the external hemorrhoid and finally the hemorrhoid dries up and falls off.

Getting Ready for Surgery.

Surgery will be done in hospital. First of all, you should advise the doctor with regard to your health status. Tell him what kind of medication you are taking - this includes herbal remedies and food supplements.

- Stop eating and drinking before midnight, the night before your surgery takes place.
- Stop smoking.
- Arrange for a member of the family or a friend to drive you home after the procedure.

After Surgical Procedure.

After the procedure you will be taken to a rest area to recover from the anesthesia. Perhaps you may want to remain in hospital for the night or just leave the hospital the same day. You may have a slight bleeding, nausea and rectal discharge for a week after the surgery. The doctor will prescribe you pain-alleviating medication for the surgery wound and laxatives to be able to ease **bowel** movement.

The Risks that Go With Surgical Treatment of Hemorrhoids.

As with any surgery, there are a couple of risks which are related to hemorrhoidectomy. A patient must consider the following:

- Too much muscle tissue is drawn, this can result in damage to the rectal wall.
- This may lead to irritation or infection.
- The internal sphincter muscle groups may be damaged.
- The result may be a long-term or a short-term disorder such as severe pain and incontinence.

Narrowing of the Anal Canal.

Infection.

Bleeding.

Click for Get Rid of Hemorrhoids in less than 48 hours.

More Fat Reduction Diet Tips:

Strip That Fat Diet - This is a very enjoyable and simple online diet. It consists of an online diet generator which lets you create your own diet plans, 2 diet books, a recipe book and a calories guide.

“ Eat Stop Eat program claims that it can help the reader lose weight and "burn stubborn body fat" all by making one simple change in the reader's every day diet. The Eat Stop Eat program offered by Craig Ballantyne has its basis in a dual system of fasting and weight training.

- Cheat Your Way Thin is a revolutionary new weight loss book by bestselling author and nutritionist Joel Marion.
- This original weight loss program is claims to trick your body into burning more calories and therefore slimming down.

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